PEDAL TO SERENE HAPPINESS!

A Wheels of Time cycle route



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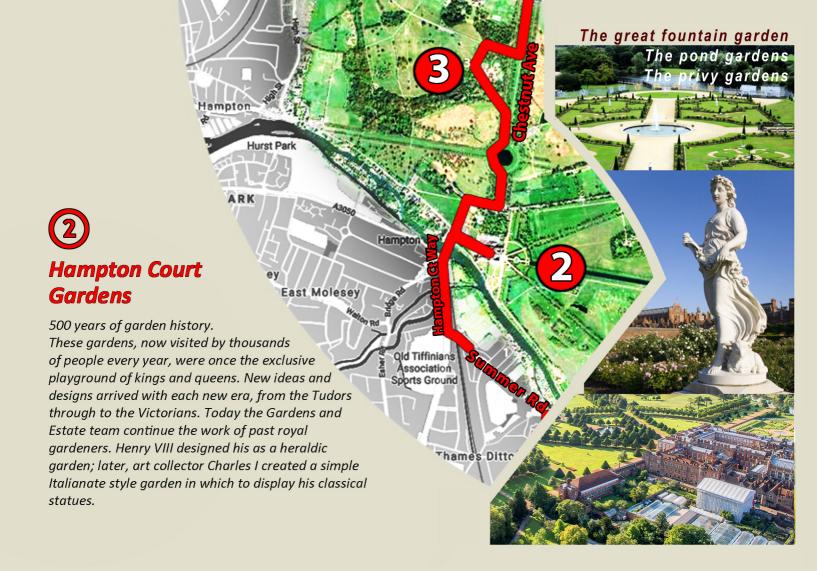
ROUTE OF TRANQUILLITY

The borough of Kingston is known to be a happy place. It is leafy and green and consists of beautiful parks and gardens such as the lush gardens of Hampton Court consisting rich heritage. The Bushy Park, the luscious Richmond Park, which is the "jewel in the crown".

This is a picturesque route perfect for leisure cyclists as well as families. Every spot has all the facilities, break areas, restaurants, bike stands. Riding along the Thames path one experiences views that dreams are made up of !It is a great way to appreciate the stunning scenery. Along the way you drift into a zone of joyful serenity and will have a sense of adventure where one view is better than the other giving a joyous sense of well-being. This route will be one to remember!

All together therapeutic and happy!





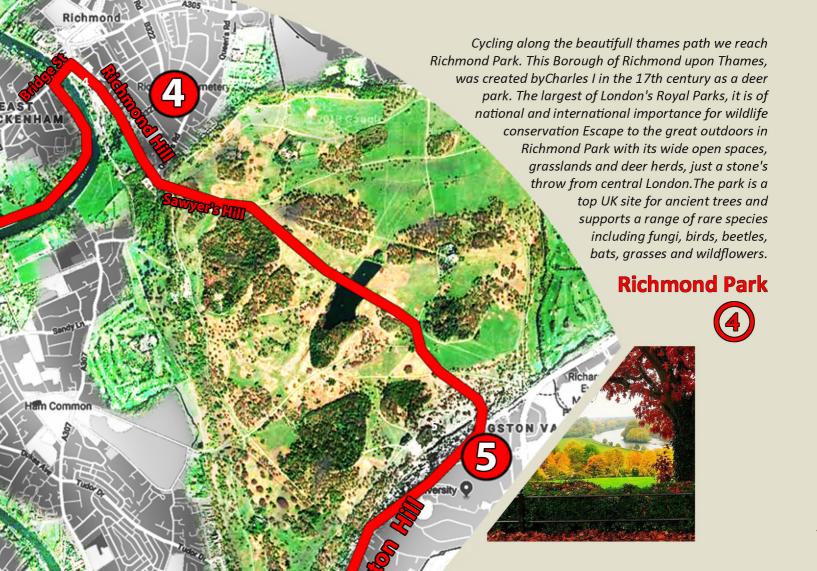




3 Bushy Park

During the Second World War, part of Bushy Park became the US air base, Camp Griffiss, and it was from here that General Eisenhower planned the D-Day Landings. Bushy Park is one of London's eight Royal Parks and covers an area of 1,099 acres.









This map is part of a project called 'The Wheels of Time' celebrating the history and heritage of cycling in the Royal Borough of Kingston. The project was supported by the National Lottery through the Heritage Lottery Fund.

The maps were designed by volunteers and students of Kingston University to encourage people to get on their bikes and explore the local area. You can find out more about the project and about The Community Brain at the community brain.org. Happy cycling

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